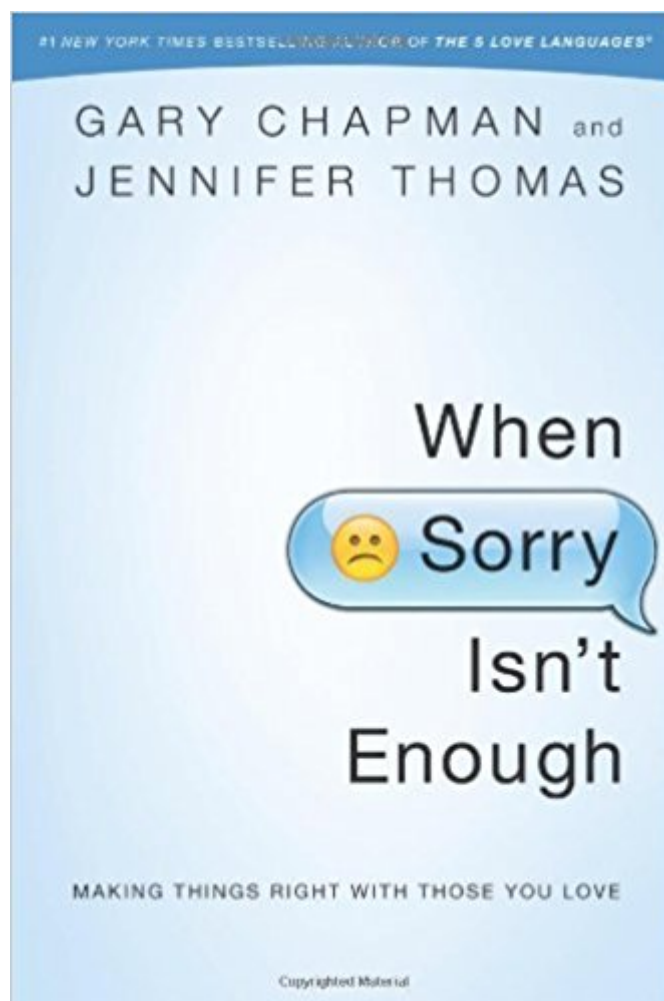


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# When Sorry Isn't Enough: Making Things Right With Those You Love



## Synopsis

“I said I was sorry!” • Even in the best of relationships, all of us make mistakes. We do and say things we later regret and hurt the people we love most. So we need to make things right. But simply saying you’re sorry is usually not enough. In this book, #1 New York Times bestselling author Gary Chapman and Jennifer Thomas unveil new ways to effectively approach and mend fractured relationships. Even better, you’ll discover how meaningful apologies provide the power to make your friendships, family, and marriage stronger than ever before. When Sorry Isn’t Enough will help you . . . Cool down heated arguments Offer apologies that are fully accepted Rekindle love that has been dimmed by pain Restore and strengthen valuable relationships Trade in tired excuses for honesty, trust, and joy\* This book was previously published as The Five Languages of Apology. Content has been significantly revised and updated.

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“I said I was sorry!” • Even in the best of relationships, all of us make mistakes. We do and say things we later regret and hurt the people we love most. So we need to make things right. But simply saying you’re sorry is usually not enough. In this book, #1 New York Times bestselling author Gary Chapman and Jennifer Thomas unveil new ways to effectively approach and mend fractured relationships. Even better, you’ll discover how meaningful apologies provide the power to make your friendships, family, and marriage stronger than ever before. When Sorry Isn’t Enough will help you . . . Cool down heated arguments Offer apologies that are fully accepted Rekindle love that has been dimmed by

Restore and strengthen valuable relationships Trade in tired excuses for honesty, trust, and joy This book was previously published as The Five Languages of Apology. Content has been significantly revised and updated.

GARY CHAPMAN--author, speaker, counselor--has a passion for people and for helping them form lasting relationships. He is the #1 bestselling author of The 5 Love Languages series and director of Marriage and Family Life Consultants, Inc. Gary travels the world presenting seminars, and his radio programs air on more than 400 stations. For more information visit his website at [www.5lovelanguages.com](http://www.5lovelanguages.com). JENNIFER M. THOMAS, Ph.D., is a motivational speaker specializing in the five love languages and communication. She is a business consultant and psychologist. She recently gave a TEDx talk on the two essentials for healthy relationships. Hint: They involve a love tank and forgiveness. She is co-author (with Gary Chapman) of *When Sorry Isn't Enough* and *The Five Languages of Apology*. Her books have been translated into fifteen foreign languages and sold hundreds of thousands of copies around the world. Jennifer has a doctoral degree in Clinical Psychology from the University of Maryland, as well as a BA in Psychology and Religion from the University of Virginia. Visit her website at [www.drjenthomas.com](http://www.drjenthomas.com) to take a free apology profile and register for her newsletter.

This was real helpful in understanding what I need in an apology and for looking for what is important to others when I need to apologize to them. I highly recommend this book if you want to learn a life skill in saying you are sorry.

Veery good information and advice.

it is a helpful book

Really makes you think about how we communicate forgiveness.

I love Gary Chapman's take on hard hitting psychological and human instincts. He always looks to the core of how we tick as to best handle and self reflect so that we can change the negative things about ourselves and how to handle/interact with those close to us. For me, this book helped me to understand how I need to be apologized to when I am "wronged" or offended, as well as insight to how to handle my loved one.

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I bought the book 2 years ago because my ex would always say "I'm sorry" for everything and it became so old. I've finally committed to reading at least one book per month and found that learning about apologizing and forgiving is an important and useful skill.

I order the book for my boyfriend and i so we can communicate better. And we needed a God base book. And i have read Dr Chapman book the five love languages so i knew it would be good and give us the information we need. So i recommend this book and his other book as well.

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